

The Pulse



St. Agnes Council 15344
Knights of Columbus

"You will be Brothers: Our Vocation to Fraternity"
September 2018

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WE ARE HERE TO SERVE

Brothers:

We are here to serve. As you know, our Council has been recognized for all the service we provided during the last Columbian Year. The biggest "problem" with being recognized for our past service is that we must do even more and do it better this year.

Coming events about which you should be aware include the Wheelchair Weekend in October, the coat collection effort with St. John Vianney, monthly First Friday dinners, support of the confirmation weekend, Keep Christ in Christmas, helping at the monthly hospitality weekends, and a lot more. We have also been asked to support several upcoming dinners and events put on by Parish groups, such as the PhilAm, Irish, and Hispanic groups, and more immediately, the Italian Dinner presented by the Italian Catholic Federation (ICF) on September 15. The ICF has asked us to manage the bar at Italian Dinner. Anyone wanting to join me in working the bar or helping with any other aspect of the Italian Dinner, your help would be appreciated.

The cool thing about the Knights is that we are like the Minutemen. When there is a need, we rise to the occasion to make it work. As the "Go To" group at St. Agnes Parish, we are now involved in all aspects of the Parish and School. We are here to serve, and we serve to fill in the gaps.

If you are wondering how you can become more involved in your church community, call me.

Thank you & Vivat Jesus!

SK Frank Mazzuca
Grand Knight





BIRTHDAYS

September

- 2 – Gary Downs
- 13 – Thomas Farias
- 19 – Thomas O’Sullivan
- 20 – Kevin Keeler
- 22 – Dcn William Drobick
- 23 – John Wright
- 28 – Tex Alimpolos

Council Officers

Grand Knight	SK Frank Mazzuca.....	925-381-5624
Chaplain	Fr. Johnson Abraham	510-557-9845
Deputy Grand Knight	SK King Bunyi.....	510-427-3596
Chancellor	SK Jorge Garcia	925-676-3750
Warden	Tex Alimpolos.....	925-687-3798
Recorder.....	SK Mike McDermott.....	925-676-2384
Financial Secretary	Gary Gowns.....	925-825-4409
Treasurer	SK David Wood PGK	925-458-0888
Lecturers	Dcn Bill Drobick	925-689-0838
	Dcn Tony Reyes	925-671-0134
Advocate	Cheng-Feng Tsai	925-890-0353
Inside Guard	Ron Artale	925-827-3713
Outside Guard	SK Jeff Aquino PGK	925-356-2474
One-Year Trustee	SK Richard Milward FDD PGK.....	925-699-5852
Two-Year Trustee	SK Carlos Garcia PGK.....	925-680-2814
Three-Year Trustee	SK Earl Koski	925-676-0739
Supreme Field Agent.....	SK Carlos Gutierrez.....	415-517-7560
District Deputy	SK David Schwartz PGK	510-325-7810

Council Directors

Program Director	SK King Bunyi.....	510-427-3596
Faith Director	Fr. Johnson Abraham	510-557-9845
Community Director	SK King Bunyi.....	510-427-3596
Family Director.....	Wayne Schafer	925-323-6518
Life Director.....	Linus Farias.....	510-423-3705
Membership Director.....	SK Jeff Aquino PGK	925-356-2474

If you would like to assist with one of the program areas above, contact the program area director or GK Frank Mazzuca.



MEMBERSHIP ANNIVERSARIES

Ed McGuirk

– Sept 1, 1990 (28 yrs)

Hugh McManus

– Sept 18, 1990 (28 yrs)

Thomas Kisk

– Sept 17, 1991 (27 yrs)

Ronal Hannan

– Sept 5, 1995 (23 yrs)

Chaplain's Message

Why has the Catholic Church traditionally dedicated the month of September to Our Lady of Sorrows? The answer is simple: The Memorial of Our Lady of Sorrows falls right in the middle of the month, on September 15. But how was that date chosen? Because the day before, September 14, is the Feast of the Exaltation of the Holy Cross.

Like many of the lesser-known Marian feasts, the Memorial of Our Lady of Sorrows is tied to many events in the life of her Son. On September 14, we celebrate the instrument of Christ's victory over death; and the next day, we remember the suffering of Mary as she stood at the foot of the Cross and witnessed the torture and death of her Son.

The seven sorrows refer to seven momentous events in the life of Mary: Simeone, the Holy Man, forecasting the pain that Mary would suffer because Jesus was the Savior; Joseph and Mary fleeing with the infant Jesus in order to escape Herod the King's threat to the child; Mary and Joseph losing the 12-year-old Jesus for three days until finding him in the temple; Mary witnessing Jesus carrying the cross to Calvary; Mary witnessing the crucifixion of Jesus; Mary receiving the body of Jesus when it is removed from the cross; and Mary witnessing the burial of Jesus.

The various devotional practices and prayers dedicated to Our Lady of Sorrows focuses on the example that Mary sets for maintaining steadfast faith and devotion in the face of almost indescribable heartache and pain.

Through this prayer for September, we can unite ourselves to Mary in her sorrow, in the hope that we will one day also share her joy in the triumph of her Son.

Most holy Virgin and Mother, whose soul was pierced by a sword of sorrow in the Passion of thy divine Son, and who in His glorious Resurrection was filled with never-ending joy at His triumph; obtain for us who call upon thee, so to be partakers in the adversities of Holy Church and the sorrows of the Sovereign Pontiff, as to be found worthy to rejoice with them in the consolation for which we pray, in the charity and peace of the same Christ our Lord. Amen.

Fr. Johnson Abraham
Chaplain



PARISH ACTIVITIES

September:

- 3 – Ministry Center closed for Labor Day Holiday
- 4 – 6 PM – CYO Meeting, Cauchi Hall
- 4 – 7 PM – Exposition of Blessed Sacrament, Benediction, Church
- 4 – 7 PM – St. Vincent de Paul, Ministry Center
- 4 – 7 PM – Baptism Prep Class, Ministry Center
- 5 – 10:30 AM – Rosary Makers, Ministry Ctr
- 5 – 7:30 PM – Youth Band Practice, Church
- 6 – 9:30 AM – Scripture Study, Ministry Center
- 6 – 6 PM – CYO Basketball Registration, Cauchi Hall
- 7 – 7 PM – Divine Mercy, Ministry Center
- 8 – 6 PM – Retrouvaille, Ministry Center
- 12 – 10:30 AM – Rosary Makers, Ministry Ctr
- 12 – 7 PM, Catholic Daughters, Cauchi Hall
- 12 – 7:30 PM – Youth Band Practice, Church
- 13 – 9:30 AM – Scripture Study, Ministry Center
- 19 – 7 PM – St. Vincent de Paul, Ministry Center
- 19 – 7:30 PM – Youth Band Practice, Church
- 20 – 6 PM – ICF Meeting, Cauchi Hall
- 26 – 7:30 PM – Youth Band Practice, Church
- 27 – 9:30 AM – Scripture Study, Ministry Center
- 29 – 9 AM – SVdP Friends of the Poor Walk

Program Director's Message

BROTHER GEORGE: THE SELFLESS SERVANT

It has been a year since Bro. George Conlow passed through to eternal life. His passing still leaves a void in our Council, especially his contributions that made our Council thrive. Bro. George was a respected, gentle, and down-to-earth gentleman. He and his works were admired not only within the Council, but also the Parish and other Councils. For me, it was a privilege to work with him on numerous occasions. He showed me, as a new Knight in the Council, values that I will carry on as a Knight. Allow me to share these insights with you.



Sir Knight and Brother George Conlow: Former District Deputy, Past Grand Knight, Past Faithful Navigator, and Past Chapter President.

Giant figure with a gentle heart

Bro. George was a towering figure. With his tall stature, people could be intimidated by him at first. But his gentle voice and easy disposition made it difficult for people to say “no” to him. It is the formula that he used in motivating people to act and join him for his causes. All the projects that he handled, such as the SHARE Food Pantry, thrived because of his formula.

Bro. George persuaded me to become a 4th Degree Knight after I completed my first three degrees. Part of his persuasion was by inviting me to 4th Degree Christmas Party in 2016. The words, “Sorry, I cannot make it,” were at the back of my head, except that, “Yes, yes, and yes,” were in my mouth. Immediately, I applied to become a 4th Degree Knight.

I could not contain my excitement when I was initiated into the 4th Degree in my tuxedo and sash. I thought of him on that day and looked forward to him seeing me in my newly minted uniform at the New Sir Knights Dinner. However, I was heartbroken when he was unable to attend the dinner, because he was not well that day. I asked to have a picture taken with his wife Linda and asked her to show it to him when she got home. I am sure Bro. George was proud that he had made another recruit.

(Continued on page 5)



PRAYER INTENTIONS

- Brother Ed Chatterton
- Brother Joaquin Campos
- Brother Neal Campanelli
- Brother Ron Artale and his son
- Brother Octavio Padilla
- Brother Earl Koski
- Brother Earl's mother-in-law Muriel Gordon
- Brother David Wood's father Stan
- Brother Tom Kisak
- Brother Ray Doorack's son and grandson
- Brother John Wright's brother Larry
- Brothers Claire Tryon and Ed Burgess PGK (6038)
- Brother Mike Souza's sister Judy
- Brother Gary Downs' sister-in-law Julie
- Brother Neil Cuffy
- Brother David Wood's brother Hal
- Brother Mel Recacho
- For peace in war torn regions of the world
- For Christians and others suffering persecution
- For all in military service

District Deputy's Message

As work thought this month and start to plan out are activities for the year, I just wanted to put out a special mention to the men and women in uniform who are making it possible for a better life for the rest of us. Those of us who serve or who have served can truly understand how deep this experience is. Sometimes, they have to make the ultimate sacrifice of service. When they do, it is up to us Brothers to help any widows and orphans that result from this. I think about this when I hear stories about the California wildfires. Each day there are men and women on those fires trying their best to put them out. You can help by contributing to those charitable organizations that help the fire victims and also the firefighters. And don't forget to say a prayer for them as well. Never underestimate the "Power of Prayer."

SK David Schwartz CS PGK PFN
District Deputy

BROTHER GEORGE: THE SELFLESS SERVANT

(Continued from page 4)

Respond to serve, respect follows

Bro. George was a natural leader. But, he was a formidable servant. He led everyone by his example of responding immediately and being at the forefront when the situation dictated. He earned the respect of his Brother Knights and the community for his selflessness. That respect became a stimulus for the Council and the community to serve as well.

Despite his illness in the last few years of his life, he still volunteered at Council activities. To him, being struck with illness was not a hindrance to rendering service to others. It doubled the impact of his work. I admired how he worked in his element even though assigned to a menial task. I also admired how Linda patiently drove her husband to Council activities and helped him set-up his medical equipment in his wheelchair. I valued how he continued to support our activities through his presence even though he could not physically contribute as much to the work anymore. I am always reminded of Bro. George's perseverance despite the odds when I serve with the Council.

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KofC INSURANCE

TEN QUESTIONS YOU, AS A CATHOLIC, SHOULD ASK YOUR INSURANCE COMPANY:

1. Does my company promote Catholic values?
2. Does it protect the unborn?
3. Does it work to combat human cloning and embryonic stem cell research?
4. Does it provide funds to build schools for AIDS orphans?
5. Does it pay for clean drinking water wells for communities in Africa?
6. Does it help finance the distribution of warm winter coats to children in need?
7. Does it partner with Special Olympics International?
8. Does it promote and support vocations for priests and religious life?
9. Does it annually support Catholic media like EWTN and Salt+Light Television?
10. Does it support the Holy Father's charities?

If items like these are important to you and your family, **now** is the time to buy insurance from a company that feels the same.

Learn more by contacting our Field Agent, Frank Fernandez.

Field Agent's Message

Allow me to introduce myself – my name is Francisco (“Frank”) Fernandez and I am happy to be the new Knights of Columbus Field Agent for the St. Agnes Council.

I have been a Knight of Columbus for 18 years and have served as Grand Knight, Faithful Navigator, and I was also appointed to serve as a State Election Committeeman.

This December, I will celebrate my 10th anniversary as a Field Agent. In that time I have helped hundreds of families and put into place millions of dollars of protection for widows and orphans in the Greater Bay Area.

I been working for 50 years now. I transitioned from being a Civil Service Federal Government employee in 2006 after 30 years of service in the Department of Justice and Department of Homeland Security.

I worked as a Border Patrol Agent when the Border Patrol had only 2,200 agents nationwide with 2,200 miles of border from Brownsville, Texas to San Diego, California. I also held the positions of Immigration Inspector, Senior Immigration Inspector, Special Agent, Immigration Attaché at the American Consulate in Tijuana, Assistant Officer in Charge of the INS office in San Jose, and finally as a Group Supervisor for ICE in San Francisco.

I look forward to serving you and your family's financial and insurance needs. I am at your service.

Francisco Fernandez FIC PGK
Supreme Field Agent





Knights of Columbus
INSURANCE
YOUR SHIELD FOR LIFE

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Daly City CA 94014
(650) 243 8831
francisco.fernandez@kofc.org





UPCOMING DEGREES

1st (Admission) Degree:

- Monday, September 10 – Holy Spirit, Fremont. Registration 7:00 PM. Exemplification 7:30 PM.
- Monday, November 12 – Holy Spirit, Fremont. Registration 7:00 PM. Exemplification 7:30 PM.

2nd (Formation) Degree:

- None scheduled – Watch for email announcements or check council calendar: www.koc15344stagnes.org

3rd (Knighthood) Degree:

- None scheduled – Watch for email announcements or check council calendar: www.koc15344stagnes.org

4th (Patriotic) Degree:

- Saturday, September 8 – Immaculate Heart of Mary Church, Brentwood. Registration 10:30 AM. Exemplification 1:30 PM.

Council Calendar of Events

- September 1 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- September 4 Council Officers Meeting, 7 PM, Ministry Center.
- September 7 First Friday Dinner – Tri-tip, 5:30 PM, Church Hall.
- September 8 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- September 8 4th (Patriotic) Degree (see “Upcoming Degrees”).
- September 9 Pancake Breakfast after 9 AM and 11 AM Masses.
- September 12 Todos Santos Assembly Meeting, 7:30 PM, St. John Paul II Room, St. Francis of Assisi Church. Dinner served at 6:30 PM, followed by Rosary at 7 PM.*
- September 15 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- September 15 Italian Dinner, 6 PM, Church Hall – Knights host bar.
- September 17 Council Business Meeting, 6:30 PM dinner, 7:30 PM meeting, Church Hall.
- September 22 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- September 29 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- September 29 St. Patrick’s Seminary Gala, 4:30 PM Vespers, 5 PM tours & cocktails, 6 PM dinner/awards presentation/auction – St. Patrick’s Seminary, Menlo Park. RSVP online at register www.stpsu.edu/gala by September 17, 2018.
- October 7 Blue Mass, 10 AM – Cathedral of Christ the Light, Oakland. Knights are encouraged to attend this Mass in support of the first responders of the Diocese. Pews will be reserved for Knights – kindly RSVP to Kip Trombley, ODC Vice President at KAT_Services@yahoo.com.
- October 10 Todos Santos Assembly Meeting, 7:30 PM, St John Paul II Room, St. Francis of Assisi Church. Dinner served at 6:30 PM, followed by Rosary at 7:00 PM.*

* Fourth Degree Knights only may participate in this event.



136th Annual Supreme Convention

The Knights of Columbus 136th Annual Supreme Convention was held in Baltimore from August 7-9. In his annual report, Supreme Knight Carl Anderson (*right*) announced the Order's accomplishments and continued commitment to bring Christ's charity to millions. Here's a quick look at his key points:



At the heart of our baptism is a vocation to love God and neighbor. And we are here this morning because we are convinced that active membership in the Knights of Columbus is a supremely important way to answer that baptismal calling to love, to unite in fraternal support in putting into practice the principle of charity.

Archbishop and Supreme Chaplain William Lori at the Opening Mass of the 136th Annual Supreme Convention, August 7, 2018, Baltimore.

- Our Pillars and the Common Good: If we value charity, unity, and fraternity, we will build a society where the common good is protected.
- Brother Knights are Men of Charity: Our charitable contributions equal more than \$185 million and we donated more than 75.6 million volunteer hours.
- Disaster Relief: We raised an astounding \$4.2 million dollars for disaster relief last year, changing lives in ways that only we can — because we make a fraternal difference.
- Culture of Life: We are close to meeting the goal of 1,000 ultrasound machines later this year. What greater legacy can a council leave than to save the life of a child?"
- Mission of Charity in the Middle East: The Knights are raising funds and support of the McGivney House, a 140-unit apartment building for our Christian brothers and sisters in the Middle East.
- Honoring Our Military and Veterans: This year, we brought more than 200 soldiers to the 60th International Military Pilgrimage in Lourdes, France. We continue to help educate future military chaplains. In total we've donated \$2 million for their education.
- Financial Protection: We sold \$8.8 billion in new life insurance last year, and we have more than \$111 billion of insurance in force protecting the future of brother Knights' families.
- The Future: We welcome South Korea as our newest territory and Ukraine as our newest state council. We now have a record for membership with a total of 1,967,585 members!
- Faith in Action: Last month we launched a new program model called "Faith In Action," which helps councils engage in new activities to promote faith, family, life, and community.
- Making our Mark on History: As Knights of Charity, Unity, and Fraternity we will continue to change lives — and that by doing so we will continue to change history!



SAINTS & SPECIAL OBSERVANCES

September

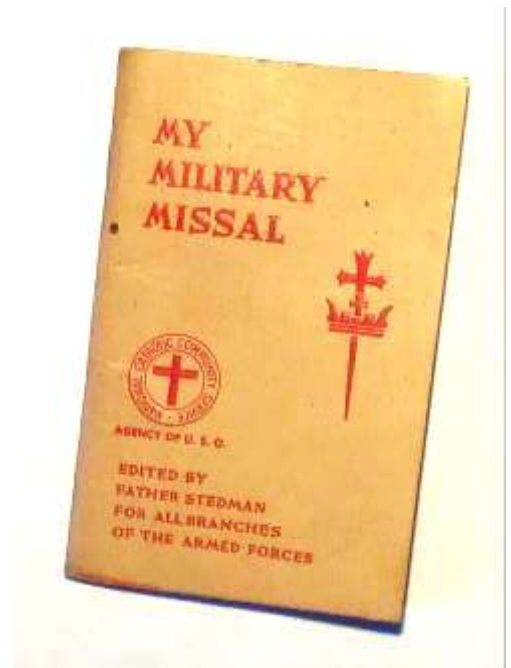
- 3 – St. Gregory the Great, Pope and Doctor – Memorial
- 5 – St. Mother Teresa of Calcutta – Memorial
- 8 – Birth of the Blessed Virgin Mary – Feast
- 9 – St. Peter Claver, Priest – Memorial
- 12 – Holy Name of the Blessed Virgin Mary – Memorial
- 13 – St. John Chrysostom, Bishop and Doctor – Memorial
- 14 – Exaltation of the Holy Cross – Feast
- 15 – Our Lady of Sorrows – Memorial
- 16 – Sts. Cornelius, Pope, and Cyprian, Bishop, Martyrs – Memorial
- 17 – St. Robert Bellarmine, Bishop and Doctor – Memorial
- 19 – St. Januarius, Bishop and Martyr – Memorial
- 20 – Sts. Andrew Kim Tae-gŏn, Priest, and Paul Chŏng Ha-sang, and Companions, Martyrs – Memorial
- 21 – St. Matthew the Evangelist, Apostle, Evangelist – Feast
- 23 – St. Pio of Pietrelcina (Padre Pio), Priest – Memorial
- 26 – Sts. Cosmas and Damian, Martyrs – Memorial
- 27 – St. Vincent de Paul, Priest – Memorial
- 28 – St. Wenceslaus, Martyr and Sts. Lawrence Ruiz and Companions, Martyrs – Memorial
- 29 – Sts. Michael, Gabriel, and Raphael, Archangels – Feast
- 30 – St. Jerome, Priest and Doctor – Memorial

My Military Missal

During World War II, copies of the 128 page pocket-sized booklet, “My Military Missal,” were given to Catholics in the military. The Missal was published in 1942 by the Confraternity of the Precious Blood in Brooklyn, NY. The advice it provided to Catholics in the Army and Navy 76 years ago proves just as relevant today as it did then.

ADVICE TO CATHOLICS IN THE ARMY AND NAVY

1. Seek out a Catholic Chaplain at once: offer your services to him for any assistance.
2. Write home frequently. God’s Reveille calls you to Morning Prayers: may Taps find you at Evening Prayers. Recite silently but courageously, even in public.
3. If unfortunately you commit grievous sin, make an Act of Perfect Contrition.
4. Be a soldier of Jesus Christ. Fight in the Crusade for Purity.
5. Give a good example as a Catholic gentleman. To non-Catholics, you represent the Church. Encourage other Catholics to follow Christ.
6. Offer your daily sacrifices in union with Jesus. Turn them to your eternal advantage. Subversive doctrines promise you heaven on earth; no such promise can every be fulfilled.
7. Remember, it is appointed for you “once to die.” Pray to live and die as a soldier of Christ.

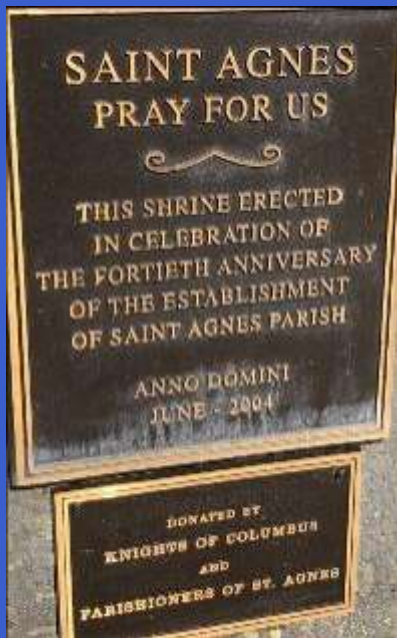


Special thanks to Brother Mike McDermott for sharing his copy of “My Military Missal,” which belonged to his uncle.



COUNCIL ACTIVITIES

Our Council was recently recognized by the Parish for its donation of the St. Agnes shrine. A plaque reading, "Donated by Knights of Columbus and Parishioners of St. Agnes" was recently installed below the main plaque commemorating the erection of the shrine in 2004 on the 40th anniversary of the Parish.



1st & 3rd Degrees Completed



Jeff McGallian (left), father of St. Agnes Council member Tim McGallian and widely-known St. Patrick's Day Dinner cook, completed his 1st (Admission) Degree on August 11 at St. Clement's Church. Congratulations, Brother Jeff!



Brothers Ed Lee and Tom Grewis (right), pancake breakfast cooks extraordinaire, completed their 3rd (Knighthood) Degree on August 11 at St. Ignatius. Congratulations, Brothers Ed and Tom!

BROTHER GEORGE: THE SELFLESS SERVANT

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Service is a devotion to God

Bro. George's service to the Council and the Parish was a reflection of what we do in a Catholic organization such as the Knights. However, Bro. George went beyond that notion. His service was his way of deepening his relationship with God. Bro. George understood what Christ said in Matthew 25:40, "... to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to me." God is present in the people that we serve.

I always felt positivity every time I interacted with Bro. George, especially when I met and got to know him in the last years of his life. I could not sense any disappointment from him, despite the physical pain from his illness. Moreover, he would always have a smile on his face as he participated in Council activities. His positive outlook on service reflected his devotion to God – filled with love and compassion.

It has now been a year without Bro. George. It has been a year without his towering yet gentle presence. Bro. George gave himself to us by being a great example of serving with excellence in our Council. The selflessness in responding to the needs of others is his legacy, which we will continue for the good of the Council.

SK King Bunyi

Deputy Grand Knight & Council Program Director